

# Jim Sails Through Achilles Tendon Recovery Thanks to iWALKFree

**Sailing enthusiast Jim Davis may be 71, but he's not prepared to let a small detail like his age prevent him from sailing, bike riding or refurbishing his beloved yacht. And when he injured his Achilles Tendon and had to have his lower leg put in plaster for eight weeks he was unwilling to let that slow him down either.**

Explains Jim: "Where we live in Milford-on-Sea we're on a hill so when the car had a flat battery I thought I might be able to get it started if I could get it going down the hill and put my leg out of the door to give it a push off. The force and the awkward angle tore my Achilles Tendon creating a 20mm gap and I ended up with my lower leg in plaster for eight weeks, with a surgical boot to look forward to after that."

Jim's doctors decided not to operate because of his age and sent him home with crutches which he found inconvenient and uncomfortable.

He continues: "We live in a split level house so even getting around on the ground floor involves going up and down steps. My mobility was so restricted on the crutches that I nearly injured myself again! I decided to have a look online to see whether there was an alternative and that's when I came across the iWALKFree hands-free crutch."



Developed in Canada to offer people who need to keep the weight off their lower leg an alternative to conventional crutches, the iWALKFree is a hands-free crutch that simply straps on to the thigh to allow the user to walk around as normal. Fully adjustable and easy to use, the iWALKFree is suitable for lower leg injury sufferers, amputees and post surgical patients and is now available in the UK through distributor [www.peglegs.co.uk](http://www.peglegs.co.uk).

Once equipped with his iWALKFree, Jim was not only able to move around the house freely – even up and down stairs – but was also able to get back to his boat refurbishment project.

He adds: “The specialist told me that if I wanted to sail again I’d need to keep off the leg for at least eight weeks but I couldn’t face the idea of sitting around for such a long time. Thanks to the iWALKFree, I’ve been able to follow doctor’s orders get on with stuff so hopefully I’ll not only be able to sail again but I’ll also be able to get the boat finished ready for the sailing season this summer.”

For Further information visit: [www.peglegs.co.uk](http://www.peglegs.co.uk)